Volunteer Role Description
Volunteer Job Title: Kitchen/Nutrition Volunteer (Sherbourne)

Fife House is an innovative, client-focused provider of secure and supportive affordable housing and services for people living with HIV/AIDS in the greater Toronto Area. Fife House currently has approximately 110 staff working across 6 locations.

Fife House understands that historically marginalized groups in our communities often encounter barriers to full access and participation. We, therefore, commit to actively dismantling all forms of racism and systemic oppression with GIPA/MIPA at the forefront. As a settler agency, Fife House stands in solidarity with Indigenous and Black Peoples across Turtle Island and recognizes the role we have in the work of reconciliation and healing.

Volunteer Title: Kitchen/Nutrition Volunteer
Department: Food Security Programs
Location: Near intersection of Sherbourne St & Wellesley St.
Volunteer Days and Hours: Weekdays **10AM-1PM** or **1PM-4PM**
Commitment required: 1-2 shifts per week; 4-6 months
Reports to: Food Service Lead, Sherbourne Program Manager

Description of Volunteer Position:
The *Kitchen/Nutrition Volunteer* supports the Sherbourne Food Security Program by helping prepare and serve meals for residents in a safe, welcoming environment. This volunteer assists with meal setup, serving, and cleanup, ensuring the kitchen and dining areas are kept clean and organized. They work closely with the Program Manager and team to maintain food safety standards and uphold client confidentiality. The role is ideal for someone with cooking skills, and an understanding of the importance of respectful boundaries and community care.

Duties and Responsibilities

- Assist with basic food preparation and meal service for up to 100 residents.
- Help plate meals and prepare desserts such as cakes and muffins.
- Set up and clean the dining area before and after meal service.
- Clean and sanitize tables, chairs, counters, and kitchen areas.
- Follow food safety and proper food handling procedures.
- Maintain a clean, safe, and welcoming environment for residents.
- Assist with other meal-related tasks as assigned by the Program Manager.

Skills and Qualifications required:

- Understanding of boundaries and the importance of client confidentiality
- Good knowledge of food preparation and basic cooking skills
- Valid Food Handler's Certificate ideal; assistance available for volunteers who do not currently have one.
- Ability to stand for long periods and lift heavy materials (up to 20kg–25 lbs).

Benefits from volunteering at Fife House:

- Build valuable experience: Gain hands-on experience in meal programs, food preparation, and community support.
- Develop workplace skills: Strengthen communication, teamwork, organization, and food-handling skills.
- Build connections: Meet new people, work with a supportive team, and connect with the community.
- Make a difference: Support residents and help provide nutritious meals in a welcoming environment.
- Find purpose and fulfillment: Gain a sense of accomplishment by giving back and helping others

How to Apply:

Interested candidates should apply by completing the Online Volunteer Information Intake Form, which can be found at https://www.fifehouse.org/volunteerinformation-intake-form.

For any questions, please email us at volunteer@fifehouse.org

Fife House is an equal opportunity organization that welcomes and serves members of all communities and backgrounds. We warmly serve and support members of all 2SLGBTQ+ communities, as well as First Nations, Inuit and Métis peoples. We also warmly welcome volunteers from these communities to join us in our work. We are dedicated to creating a diverse, inclusive, and respectful environment where everyone feels valued and supported.

In line with these values, Fife House is committed to upholding the principles of equity, diversity, and inclusion in both our living and work environments. We seek volunteers who will work respectfully and constructively with differences and across levels of power, helping us build a welcoming space for all.